



Dánahy Sharonrose
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Portland OR 97214
503.262.9079

Philosophy and Approach: I believe you hold within you the power to heal yourself and your relationships. I create an unconditionally loving, yet challenging environment where it is safe for every part of you to grow. I employ an eclectic approach with a strong reliance on cognitive-behavioral aspects and family systems theory. Length of treatment will vary, depending upon the issues to be addressed.

Formal Education and Training: I hold a Masters Degree in Counseling Psychology from Loyola Marymount University of California. Major coursework included: group dynamics, marriage and family counseling and assessment. I completed post-graduate work as a Sex Therapy Intern at UCLA.

Code of Ethics Adherence: As a licensee of the Oregon Board of Licensed Professional Counselors and Therapists, I will abide by its *Code of Ethics*.

Continuing Education: As a licensed professional, I pledge to annually meet the continuing education requirements for licensure in Oregon (LPC) and California (MFT), taking classes dealing with subjects relevant to this profession.

Fees: My fee ranges from \$40 to \$120 per hour. Payment (including co-pay) is due at the time of the session. You are responsible for providing 24hour notice if you must cancel an appointment or you will be expected to pay the full fee. Your insurance company will not pay this fee for you. If you arrange for your insurance company to reimburse you out of network for counseling services, I will provide you with a monthly statement, if requested. No Fee to EAP clients or Give An Hour.

Ending Counseling: I respect your right to terminate therapy at any time or request transfer to another counselor. Should you choose to do so, I request that you discuss your decision in a counseling session, so that together we can consider the implications of such a change and create an ending that is a positive experience for you.

As a client of an Oregon licensee you have the following rights:

1. To expect that a licensee has met the minimal qualifications of training and experience required by law;
2. To examine public records maintained by the Board and to have the Board confirm credentials of a licensee;
3. To obtain a copy of the Code of Ethics;
4. To report complaints to the Board;
5. To be informed of the cost of professional services before receiving services;
6. To be assured of privacy and confidentiality while receiving services as defined by rule and law, including the following exceptions: a) Reporting suspected child abuse; b) Reporting imminent danger to client and others; c) Reporting information required in court proceedings **or** by client's insurance company, or other relevant agencies; d) Providing information concerning licensee case consultation or supervision; and e) Defending claims brought by client against licensee;
7. To be free from being the object of discrimination on the basis of race, religion, gender, or other unlawful category while receiving services.

You may contact the Board of Licensed Professional Counselors and Therapists at:
3218 Pringle Rd SE, # 250, Salem, OR 97302-6312 Telephone: 503.378.5499